

# PREPARING FOR YOUR STAY AT A SKILLED NURSING FACILITY

SavaSeniorCare  
Administrative Services LLC

## ADMISSION PROCESS

We will schedule a time to help you complete your admissions paperwork within the first 24 hours. You are welcome to bring any additional questions regarding your insurance benefits and your stay at this time or at any time while you are in the center.

## WHAT TO BRING

- Active medical insurance card and Medicare / Medicaid cards
- Pharmacy (Part D) Prescription coverage card
- Driver's license or photo ID card
- Social Security Card
- Advanced Directives
- Do Not Resuscitate (DNR) paperwork
- Power of Attorney documents (medical, financial, durable)
- Guardianship paperwork

## ITEMS TO LEAVE AT HOME

- Jewelry / Valuables
- Large amounts of money
- Purses / Wallets
- Personal cooking appliances



## PERSONAL ITEMS TO BRING FOR YOUR STAY

- Loose fitting, easily removable clothing
- A pair of non-skid, supportive shoes and socks
- Your favorite non medicated toiletry items for personal use.
- Family photos, blankets and reading materials to make you feel more at home.
- Please check with the center regarding larger personal items.



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## AMENITIES PROVIDED

- Wi-Fi is available if you would like to use your personal devices
- Basic cable services included (check with facility staff for television availability)
- Salon Services (fee may apply)
- Activities Daily
- Laundry services
- Housekeeping and maintenance services
- Nutrition Services
- Safe keeping of funds through Resident Trust Fund for personal spending upon request
- Available family gathering areas
- Social services
- Non-emergency transportation for follow up physician appointments (fee may apply)

## VISITORS

- Visitors are welcome any time but we ask that you are respectful of our patients who need their rest.
- Please check with the administrator regarding the facility's smoking policy.

## PLANNING YOUR CARE

- Your hospital physician communicates medication and treatment orders at the time of your hospital discharge. These orders will be implemented to help provide continuity of care.
- Upon admission, the interdisciplinary team will work with you and your family to identify care needs, preferences, and goals for your stay. You are a valuable partner in the process.
- Within the first few days of your stay, you and your family will be invited to participate in a care planning conference to discuss needs, discharge planning and progress toward goals.

## YOUR CAREGIVER TEAM

- You may choose from a list of our attending physicians to oversee your care during your stay.
- This may not be your hospital or personal physician; however, our providers collaborate and communicate with your personal physician regarding your progress.
- Specialty service physicians provide podiatry, dentistry, audiology and optometry services on a pre-set schedule. You can notify your nurse or social services director when you'd like to be included on the next visit schedule.
- Licensed nurses provide nursing care according to the plan of care and physician's orders.
- Resident Care Specialists, who are certified nurse aides, are here to assist you in activities of daily living such as grooming, bathing, and dressing.

## SOCIAL ENGAGEMENT

- Social interaction with others helps promote a positive outlook. We encourage you to participate in activities offered in the facility.
- Taking your meals in the dining room provides an opportunity to socialize and get to know others. Meals are also delivered to rooms should you prefer dining in your room.

